



ORARIO

VERNERDÌ 23 Giugno | Registrazione e pesata

HOTEL CROWNE PLAZA MILAN - LINATE | Via K.Adenauer, 3, 20097 San Donato Milanese MI, Italia

09:00 am – 05:00 pm | START REGISTRATION – PRO QUALIFIER

07:00 pm | PRO MEETING

SABATO 24 Giugno | Inizia la competizione - REGIONAL & PROQUALIFIER

HOTEL CROWNE PLAZA MILAN - LINATE | Via K.Adenauer, 3, 20097 San Donato Milanese MI, Italia

9:00h.		IFBB PROFESSIONAL LEAGUE, REGIONAL & PRO QUALIFIER
DIVISION		CATEGORY
WOMEN'S BODYBUILDING – LIGHTWEIGHT		Up to and including 125 lbs (56,7 Kg's)
WOMEN'S BODYBUILDING – MIDDLEWEIGHT		Over 125 lbs (56,7Kg's) up to and including 140 lbs (63,5Kg's)
WOMEN'S BODYBUILDING – HEAVYWEIGHT		Over 140 lbs (63,5Kg's)
AWARDS CEREMONY		
WOMEN'S BODYBUILDING OVERALL		
MEN'S BODYBUILDING – JUNIOR (23 Years & Under)		OPEN CLASS
MEN'S BODYBUILDING -TRUE NOVICE (First Contest)		OPEN CLASS
NOVICE – MEN'S BODYBUILDING – LIGHTWEIGHT		Up to and incl. 176 1/4 lbs (80Kg's), Never Placed 1st in Class
NOVICE – MEN'S BODYBUILDING – HEAVYWEIGHT		Over 176 1/4 lbs (80Kg's), Never Placed 1st in Class
MASTERS – MEN'S BODYBUILDING – (40 Years & Over)		OPEN CLASS
MASTERS – MEN'S BODYBUILDING – (50 Years & Over)		OPEN CLASS
MEN'S BODYBUILDING – BANTAMWEIGHT		Up to 143 ¼ lbs (65 Kg's)
MEN'S BODYBUILDING – LIGHTWEIGHT		Over 143 ¼ lbs (65 Kg's), Up to and incl. 154 1/4 lbs (70 Kg's)
MEN'S BODYBUILDING – MIDDLEWEIGHT		Over 154 1/4 lbs (70Kg's), Up to and incl. 176 1/4 lbs (80Kg's)
MEN'S BODYBUILDING – LIGHT HEAVYWEIGHT		Over 176 1/4 lbs (80Kg's), Up to and incl. 198 1/4 lbs (90Kg's)
MEN'S BODYBUILDING – HEAVYWEIGHT		Over 198 1/4 lbs (90Kg's), Up to and incl. 225 1/4 lbs (102Kg's)
MEN'S BODYBUILDING – SUPER HEAVYWEIGHT		Over 225 1/4 lbs (102Kg's)
AWARDS CEREMONY		
MEN'S BODYBUILDING OVERALL		
MEN'S CLASSIC PHYSIQUE – TRUE NOVICE		OPEN CLASS
MEN'S CLASSIC PHYSIQUE – NOVICE		OPEN CLASS
MEN'S CLASSIC PHYSIQUE – MASTER 35		OPEN CLASS
MEN'S CLASSIC PHYSIQUE – MASTER 45		OPEN CLASS
MEN'S CLASSIC PHYSIQUE – CLASS A		Up to and Incl 5'7" (174 cm's)
MEN'S CLASSIC PHYSIQUE – CLASS B		Over 5'7" (174cm's), up to and incl 5'10" (178cm's)
MEN'S CLASSIC PHYSIQUE – CLASS C		Over 5'10" (178cm's), up to and incl 6'0" (183cm's)
AWARDS CEREMONY		
MEN'S CLASSIC PHYSIQUE OVERALL		
WOMEN'S BIKINI – JUNIOR (23 Years & Under)		OPEN CLASS
WOMEN'S BIKINI – TRUE NOVICE (First Content)		OPEN CLASS
WOMEN'S BIKINI – NOVICE CLASS A		Up to and including 5'4" (164,5 cm's)
WOMEN'S BIKINI – NOVICE CLASS B		Over 5'4" (164,5 cm's) and up to and including 5'6" (170 cm's)
WOMEN'S BIKINI – NOVICE CLASS C		Over 5'6" (170,6 cm's)
MASTERS – WOMEN'S BIKINI – (35 Years & Over)		OPEN CLASS
MASTERS – WOMEN'S BIKINI – (40 Years & Over)		OPEN CLASS
WOMEN'S BIKINI – CLASS A		Up to and including 5'1" (155,5 cm's)
WOMEN'S BIKINI – CLASS B		Over 5'1" (155,5 cm's) and up to and including 5'2" (158,5 cm's)
WOMEN'S BIKINI – CLASS C		Over 5'2" (158,5 cm's) and up to and including 5'3" (161,5 cm's)
WOMEN'S BIKINI – CLASS D		Over 5'3" (161,5 cm's) and up to and including 5'4" (164 cm's)
WOMEN'S BIKINI – CLASS E		Over 5'4" (164,5 cm's) and up to and including 5'5" (167,5 cm's)
WOMEN'S BIKINI – CLASS F		Over 5'5" (167,5 cm's) and up to and including 5'6" (170,5 cm's)
WOMEN'S BIKINI – CLASS G		Over 5'6" (170,6 cm's) and up to and including 5'7" (174 cm's)
WOMEN'S BIKINI – CLASS H		Over 5'7" (174 cm's)
AWARDS CEREMONY		
WOMEN'S WELLNESS OVERALL		

DOMENICA 25 Giugno | Inizia la competizione - DOMANI - REGIONAL & PRO QUALIFIER

9:00h.		IFBB PROFESSIONAL LEAGUE, REGIONAL & PRO QUALIFIER
DIVISION		CATEGORY
FIGURE – TRUE NOVICE		OPEN CLASS
FIGURE – CLASS A		Up to and including 5'4" (165 cm's)
FIGURE – CLASS B		Over 5'4" (165 cm's) and up to and including 5'6" (170 cm's)
FIGURE – CLASS C		Over 5'6" (170 cm's)
AWARDS CEREMONY		
WOMEN'S FIGURE OVERALL		
WOMEN'S FITNESS NOVICE		OPEN CLASS
WOMEN'S FITNESS – CLASS A		Up to and including 5'2" (158,5 cm's)
WOMEN'S FITNESS – CLASS B		Over 5'2" (158,5 cm's) and up to and including 5'4-1/2" (170 cm's)
WOMEN'S FITNESS – CLASS C		Over 5'4-1/2" (170 cm's)
AWARDS CEREMONY		
WOMEN'S FITNESS OVERALL		
WOMEN'S PHYSIQUE – NOVICE		OPEN CLASS
WOMEN'S PHYSIQUE – CLASS A		Up to & including 5'4" (165 cm's)
WOMEN'S PHYSIQUE – CLASS B		Over 5'4" (165 cm's) up to including 5'6" (170 cm's)
WOMEN'S PHYSIQUE – CLASS C		Over 5'6" (170 cm's)
AWARDS CEREMONY		
WOMEN'S PHYSIQUE OVERALL		
WOMEN'S WELLNESS – TRUE NOVICE		OPEN CLASS
WOMEN'S WELLNESS – NOVICE		OPEN CLASS
MASTER – WOMEN'S WELLNESS – (35 Years & Over)		OPEN CLASS
WOMEN'S WELLNESS – CLASS A		Up to 5'4" (164,5 cm's)
WOMEN'S WELLNESS – CLASS B		Over 5'4" (164,5 cm's) up to including 5'6" (170,5 cm's)
WOMEN'S WELLNESS – CLASS C		Over 5'6" (170,5 cm's)
AWARDS CEREMONY		
WOMEN'S WELLNESS OVERALL		
MEN'S PHYSIQUE – JUNIOR (23 Years & Under)		OPEN CLASS
TRUE NOVICE – MEN'S PHYSIQUE (First Content)		OPEN CLASS
NOVICE A – MEN'S PHYSIQUE		Up to and incl 5'8" (173 cm), Never Placed 1st in Class)
NOVICE B – MEN'S PHYSIQUE		Over 5'9" (173 cm's), Never Placed 1st in Class)
MASTER – MEN'S PHYSIQUE (35 Years & Under)		OPEN CLASS
MASTER – MEN'S PYSIQUE (40 Years & Over)		OPEN CLASS
MASTER – MEN'S PHYSIQUE (50 Years & Over)		OPEN CLASS
MEN'S PHYSIQUE – CLASS A		Up to & including 5'6" (168 cm)
MEN'S PHYSIQUE – CLASS B		Over 5'6" (168 cm's) up to and incl. 5'7" -½ (175 cm's)
MEN'S PHYSIQUE – CLASS C		Over 5'7" -½ (175 cm) up to and incl. 5'8" -½ (179 cm's)
MEN'S PHYSIQUE – CLASS D		Over 5'8" -½ (179 cm's) up to & including 5'9" -½ (181,5 cm's)
MEN'S PHYSIQUE – CLASS E		Over 5'9" -½ (181,5 cm's) up to & including 5'10" -½ (184,5 cm's)
MEN'S PHYSIQUE – CLASS E		Over 5'10" -½ (184,5 cm's) up to & including 5'11" -½ (187,5cm's)
MEN'S PHYSIQUE – CLASS F		Over 5'11" -½ (187,5 cm's) up to & including 6'1" (190,5 cm's)
MEN'S PHYSIQUE – CLASS G		Over 6'1" (190,5 cm's)
MEN'S PHYSIQUE – CLASS H		Over 6'1"
AWARDS CEREMONY		
MEN'S PHYSIQUE OVERALL		

DOMENICA 25 Giugno | POMERIGGIO - PRO SHOW

05:00 pm		IFBB PROFESSIONAL LEAGUE PRO SHOW
MEN'S PHYSIQUE PRO		PROFESSIONAL
MEN'S CLASSIC PHYSIQUE		PROFESSIONAL
WOMEN'S BIKINI PRO		PROFESSIONAL